

The Ayats of Creation

By Arafat Latif

Bismillah hir Rahman nir Raheem

In the name of Allah the most beneficent the most merciful

An Ayat is commonly translated as a verse, however it's meaning is something more beautiful. An ayat is something that leads to somewhere else. Like a sign or a miraculous symbol that brings you eventually closer to Allah.

The Quran consists of ayats, each ayat leads you to understand something about the wisdom of Allah and its linguistic miracle that makes you understand the world with light in your heart in this dark cursed world. The ayats of creation can be anything that leads you somewhere to think about the Creators existence.

The signs of Allah are numerous, you can find them in different places if you know how to look, understand, fathom and interpret what the sign is trying to tell you. For example, let's have a look deep within ourselves at the very building blocks of our being the DNA.

DNA stands for "deoxyribonucleic acid" and is one of the two types of nucleic acid found in our cells. The name describes what the molecule is. DNA is beautifully intricate and works in complicated mechanisms to control the cell.

We are all made of trillions of cells. There are around 2.5 billion cells in one of your hands, but they are tiny. So tiny that we cannot see them. If every cell in your hand was the size of a grain of sand, your hand would be the size of a school bus!

Each cell has its own job, just like humans do. Some cells help us detect light and see, other cells help us touch, some cells help us hear, other cells carry oxygen around, and other cells help us digest food by secreting enzymes. There are over 200 cell types in the body - that is 200 different jobs!

But how does each cell know what job to do? Well, how do we (humans) know what job to do? Someone tells us. Our cells are also told what to do, but not by a person or a computer! Our cells are told what to do by a very special molecule called DNA.

DNA is a record of instructions telling the cell what its job is going to be. A good analogy for DNA as a whole is a set of blueprints for the cell, or computer code telling a PC what to do. It is written in a special alphabet that is only four letters long! Unlike a book or computer screen, DNA isn't flat and boring: it's a beautifully curved ladder. We call this shape a double helix. The code written on DNA has life's instructions, there is so much data written that just a thumbnail size of DNA contains enough information as a stack of books from the earth to the moon. As it is so complex and dense it is the perfect data storage device you can think of. Now the interesting part is that the code written must have been written by a coder. This complex information is impossible to come about through natural means and the code cannot write itself. Logically it stands to reason that this code was created by the Lord of all the worlds that is Allah. It takes a very intelligent, self-sufficient higher power like Allah that is all knowing and knows the creation so well it can write the basic building blocks of a creations being.

Give a child 80 pieces of one color and ask them to build a tower. No matter how they try, they can only make one possible combination of colors. Now give a child a box of Lego with 20 lots of 4 different colors and ask them to make a tower. The size is still the same, but the combination and order of colors are different each time they build. The possibilities are endless...well not quite, but still quite large. Remember it is the sequence of letters (order of the colors in this analogy) that stores the information. Each set of 3 letters is a word. With four different letters, there are 64 possible three-letter-words. Imagine how many combinations of these words there are in a sentence just 100 letters long!

The discovery of DNA code in 1961 was a remarkable analysis of one of Allah's languages. That is why when you study the creation the logical conclusion points to a Higher Power that is separate from the creation but responsible for the entire creation. The understanding of DNA is an ayat that leads you closer to Allah.

Now let's have a look at another ayat that is milk. Milk from cows is a source of healing for humans. This is made in the cow between two impure parts, the blood and the excretion. The cow eats grass and has 4 chambers that are part of its digestive process. The grass eventually after being chewed and digested enters the small intestines. The mammary glands which produce the milk are constantly supplied with blood. As blood is impure and so is the digested grass, it stands to reason that the milk that is produced from between these two parts of its production process would also be impure, however this is not the case. The milk produced is good for health, drinking milk once it is pasteurized is a source of healing. It is a pure drink. We have rivers of milk in this world via the cows, that are constantly producing a beneficial drink for people so that we can think and reflect on this aspect of creation that shows us that even something simple like milk is a sign of the creators existence.

This drink is valuable, wholesome nourishment. It furnishes elements to make new blood, it is easily digested and absorbed. It improves health and circulation provides vitamins and minerals. It is agreeable to those who drink it. There is much wealth and benefit from milk. It can make other milk products like butter, cheese and yogurt. The cow filters from two impure states to produce a pure drink. This miracle of milk production is a reflective instructive sign from Allah for people of understanding.

The sky is an ayat. A protected and preserved roof there are no cracks in its reality. The sky acts as a ceiling providing crucial functions for the continuity of Life. It destroys many meteors big and small as they approach the earth, preventing them from falling and harming living things on the earth. It filters harmful rays of light and allows useful beneficial light to pass through, useful in photosynthesis of plants and survival of all living things. It also protects the earth from the freezing cold of space. The sky contains mountains which are cumulus clouds extending vertically carrying hailstones. The sky is part of the lowest heaven and is adorned with lamps i.e. the stars. At night the beauty of them can be shown and also useful in navigation. Allah's creation of the sky is a perfect beautiful creation, if you look towards the sky your vision will be humbled at the awesomeness of Allah's creation.

The tree is an immobile beautiful creation of Allah. It is the means by which we continue to breath and gives us beneficial provision in the form of fruits. The seed of the tree is planted and is lifeless, dormant and written with code for the variety of the plant. The lifeless seed is planted in the earth and with the proper conditions of water and soil, Allah gives life to the seed and germination occurs with the right temperature and availability of oxygen. The seed sprouts roots that go deep into the ground and stems that shoot upwards towards the light. This is for reflection and for those of understanding as it is Allah that makes the tree grow from a sapling to a fully mature tree. The tree produces leaves, flowers and fruits. The leaves are the means by which light is captured, photosynthesis occurs and nourishment is given to the tree, its by-product is oxygen for the living creatures. A tree is a most beneficial treasure of creation. Its fruits have many healing properties and pain reducing abilities. The tree can also produce a type of fruit which can be harmful to people yet it is necessary for propagation. The tree can also cleanse a person of their thoughts and behavior by removing that which is harmful and giving that which is fresh and clear, this occurs by suspending the person in a harness from one of its strong branches. The axe may forget but the tree remembers. One can make beneficial items from the wood of the tree. The flowers of the tree allow bees to pollinate and receive sustenance. There are many benefits to be had from the tree. This is all because Allah made the tree for people to seek its shade, provision and livelihood.

The ayat of the birds is a unique and wonderful sign from Allah. There are many different styles and patterns that each bird has. The birds are light, swift and mobile. They have complete trust in the creator when it comes to seeking their provision. They wake every morning with an empty belly and spend some of their time hunting, seeking sustenance from the earth. They consume different kinds of insects, seeds and grains and some prefer meat. The birds return every evening to their nests with a full belly as they make efforts in seeking their provision.

Birds of prey are indicative of evil and are unreliable when it comes to trust and can mock and be unreasonable, like the crow, eagle, hawk, falcon and vultures are some examples of this behaviour.

The bird can seem to be like it is free when it is soaring through the air, this is only temporary. For the birds are bound by laws of existence that limits them in their survival on a daily basis. If it flies it is only due to the creator's power that holds them in the air as they seek to fly from one place to another. It is Allah that holds all the birds in the world wherever they are when they fly through the air.

The beauty of the birds is pleasant to the eyes particularly when they are on an approach to landing or taking off. The birds sing the praise of the creator day and night. The language of the birds can be understood with the close attentive feeling of its speech. It may complain of or it may scorn a known predator such as the cat. A bird may advise you not to go a certain way, or that you shouldn't be in a certain place or it may encourage you to see the world with the awareness of an open mind. Birds can lead you to where there is water. Reflecting on the birds will allow you to understand how one can develop tawakul (trust and reliance) in Allah and also the birds can teach you the remembrance of the creator for the many blessings in one's life.

The ayat of the mountain is a firm, strong, powerful sign of Allah's existence. The mountain holds the earth together like pegs of a tent. The mountains have roots that go deep into the ground and allow us to be stable and balanced on the earth. The mountains are magnificent in appearance with beauty to be seen and conditions that make it formidable. The mountains were formed by the movements of the tectonic plates. As they collided with one another they were sent upwards and out far above the ground. Its roots went down and far into the ground. The mountain can be traversed as a challenge and man's dominance over the earth. However sometimes the mountain can be a silent adversary that cannot be beaten. The mountain is a sign of the creator's mercy that allows people to benefit from its pathways and its stability to keep the ground stable for you to move on it. The mountains have harsh conditions towards its summit yet the view below is wide open and beautiful. One day these mountains will be lifted out of the ground and discarded, turn to crumbling dust like discarded wool. That is the heavy day of destruction of the creation, on the blowing of the trumpet to commence the day of judgement.

The ayat of the bee is something very profound and deep to understand. The bee is a most beneficial creation of Allah. It was given revelation, inspired to make its home in the mountains and the valleys. The bee benefits not only others but is good to itself and its community. The bee produces a food called honey that is a cure when it is consumed and most delicious and sweet drink that gives a person healing and good health. The bee takes from the flower and other sources of nectar and only takes the best and does not harm what it takes from. It causes many fruits, foods and flowers to be pollinated and if it was not for the busy bee and its hard work we would not be able to survive on the earth as man is dependent on the many foods that are produced as a result of a bee's work. There is many lessons to be learnt from the behavior of the bee, if one copies or takes the attributes and behavior of the bee it will benefit themselves first and foremost and it will benefit the society at large. The inspired bee is a noble and important creation of Allah for mankind to learn from.

The ayat of the rain is a blessing from the Creator Allah. It is sent down in due proportion and no one knows when and where precisely it's going to rain. The rain can be predicted by seeing the signs of the oncoming downpour, but this is a vague prediction even science says weather patterns and rainfall is not precisely accurately predicted but can be estimated. The raindrop is a merciful unique structure that is roughly spherical in shape and its size is predetermined. It forms this shape due to the surface tension of water. If the size of the raindrop was too large it would cause damage to the earth, due to its natural size it falls and benefits what it lands on. With each raindrop an angel descends to ensure its landing place. The rain brings life to the dead earth, it provides water to the people for their use and it cleanses and washes away the germs, bacteria and viruses. Water is pure and stays pure but can become contaminated. The water we drink is the same water the first humans drank due to the cyclical nature of the liquid. Rain brings forth life from the earth so that humans can benefit from the produce and vegetation that is grown due to the need of the seeds and plants needing water to sustain, maintain and grow their fruits, grains and vegetables. If the rain was to be withheld it would cause major disaster for people in the form of famine, drought and misery. And if the rain was sent down in abundance it can also cause flooding, deaths and destruction. There's a reason why the rain is sent down in due measure and most of the time it is a beneficial rain for the creation. This is a sign from Allah that he provides to all those that believe in him and those that disbelieve in him. Allah's mercy is so vast and great it encompasses the entire creation. Without which life could not exist. Alhamdulillah for the rain.

The ayat of the big bang theory is a very profound scientific miracle that was explained in the Quran over 1400 years ago before Einstein came up with his theories on the beginning of the known universe. The Quran states “Do not the disbelievers see that the heavens and the earth were a closed-up mass (ratqan), then We opened them out? And We made from water every living thing. Will they not then believe?” The Arabic word ratqan means closed up mass and it also means darkness, this description is the closest to the scientific explanation that the big bang started from a single point and then caused the universe to come into being and started expanding like a balloon does when its filled with air. Thus the Quran states that from a single point the heavens and earth came about into the known universe, the ayat also explains that from water we made every living thing, thus when scientists look for life on other planets they look first to see if they can find water which may support life. The universe expanding is also described in the Quran where it says “and we have built with the heavens with might and we continue to expand it indeed”. This ayat of the Quran and the one mentioned before are great signs for people in this disbelieving age.

The ayat of the camel is a deep broad sign from Allah to prove the existence of the creator. The camel is a unique creation of Allah, it is a means of transport from one place to another, it can also provide nourishment from its milk which is rich in many vitamins and minerals due to the fact that the camel relies on less food in a desert climate so it needs to be able to nourish its young from what little it can produce. The camel can drink and lap up large quantities of water where it can store it in its chambers for weeks, this allows it to continue to trek through the desert without water for longer periods of time than most other creatures. Also the camel has unique eyes and eyelids that protect it from dust storms, they have three eyelids and one of the eyelids is transparent and when closed allows them to see clearly with their eyes closed, this is useful during sandstorms. Allah created the camels eyes with power and ability, this is a sign of understanding of the creators unique ability. If evolution was to be the answer for the scientists to explain the camels eyes creation, then how is it that this is only unique to the camel and not to other creatures. Evolution of animals exists however they too were created by Allah. Therefore the camels existence is proof that there is a creator of all that exists, the creator of everything in all the worlds Allah SWT.

The ayat of the horse is a majestic, dignified sign from Allah for people of understanding. The horse is a powerful swift creature that can travel with its rider for short breaks in a day. It is a means of travel for many millennia. The horse needs looking after, by taking care of a horse one benefits themselves as this is a noble act of responsibility. The horse when looked after creates a deep bond between the horse and the person looking after it. It allows you to understand its feelings and its emotions. One of the most majestic creatures of Allah the horse can be used in times of peace and war. It can take you places and can be used to carry the fighter into the battle to take on the enemy from a higher ground. It can provide many advantages to the fighter during battle by giving him more speed and power to tackle those on foot. The horse has the ability to carry its rider for sending messages, conducting business, recreational purposes and best of all for travel to the holy lands. Horses share the same common senses as that of man. These senses and its physical structure has given the horse a great sense of balance and ability to move in the lands with power and speed.

The ayat of the ant is a most wondrous and astonishing sign of the Creator's power. The ant is a hardworking, practical, strong and devout creature of Allah. It strives to build a home for its queen and provides food to the queen and the young by collecting provision on a day to day basis. It works all the time collecting sustenance for use during times of difficult conditions. It prepares to gather and store its provision during the warm days for use in the cold days when it does not venture out amongst the snow. The ant is compact, powerful able to lift many times its own weight, its body is strong and can withstand falling from great heights. The ant works for the betterment of the entire community; it is a superorganism that looks after the collective. They are industrious, laborious and disciplined creature of Allah. Ants are known to be in large numbers, however they collectively make up the same mass as that of humans, due to their small size they are numerous and of different varieties. Ants from one colony also fight others from other colonies. The ants bring benefit to the entire community by working together building bridges where needed to get to one place from another. Ants are farmers, besides humans, ants are the only creatures that will farm other creatures. Just like humans raise cows, sheep, chicken, and fish in order to obtain a food source, ants will do the same with other insects. The most common occurrence of this is with aphids. Ants will protect aphids from natural predators, and shelter them in their nests from heavy rain showers in order to gain a constant supply of honeydew. Ants do not have ears but sense one another through vibrations and this allows them to communicate. The ants are not supposed to be killed, they have conquered the entire earth except for the Arctic, Antarctica and a few islands, the ants are as old as dinosaurs and form an important part of the ecosystem. The ant is the conqueror of places and lives to advance and transmit its species all over the earth. The creation of the ant is a sign for people of understanding of the greatness of Allah's existence.

The ayat of the sun is a most tremendous and magnificent sign of Allah's existence. The sun is the source of energy for beings of this world to utilize and the means by which we can see the world around us. The light that is given from the sun illuminates the entire world and brings the transition from day and night. The day is meant for seeking Allah's provision and the night has been created for rest and recuperation. The light of the sun shines on the earth and the other

half remains in darkness. The change between the night and the day allows plants and animals to either produce energy and or give air to breathe during the transition. Although majority of life forms seek their sustenance during the day there are some that hunt at night and sleep during the day. The timing of the prayer that people have to undertake five times a day is determined by the position of the sun.

Fusion mostly and Fission sparingly, efficient, a blaze, a storm and flares. A containment. A Source of wellbeing and a difficult state. A turbulent and destructive force necessary for existence. It is spherical and pulsating. Impossible to look into without any instrumentation or else you'll be left in the dark. It is continuous and cosmic, consistent and generous. It's been damned by the people who shirked it. Made to be placed in the fire from blaze to blaze. It allows us to move about in this world. A very specific mass and mostly of that which is the entire system. Many think that the sun will consume the earth, but before that it will be rendered asunder and brought back closer to the disc, a very warm day. Four into one makes one heavy particle. Travelling on its own path it reached a speed that even man has beaten. Differential rotation all at once and with a few spots darkened due to different temperatures. It can generate a solar wind that travels faster than itself.

Perfectly spherical the disc world contains a gravitational force that won't let it fall apart. The core keeps multiplying fusion four by one, as a result the energy released allows it to disperse as it is continuously trying to create more mass, it's not happy that it is not completely 100% of the system. But its own size tells itself you can't go anywhere other than your existing mass and circuit through the milky way. Movement never stops it and it never transgresses its limits. It sends out parts of itself to keep the mass of the space occupied. It can't take up all the room and its loves itself. It seeks permission every day and every day it keeps rising from the same place as it always has. One of these days it will turn on itself and be sent back the way it came. The sun will rise from the west one day when it is decreed by the Almighty Allah. The sun is a sign and the change of day and night and the seasons is a sign for people of understanding of Allah's existence.

The ayat of the moon is a beautiful radiant sign of Allah's power. Soft white light, luminous and a most beautiful companion. It has many phases and attraction. It gives us the time to tell our months. Reflective in appearance and a mood that changes. Temperamental and barren. Without light it is only a rock. It creates a force that has an effect on the elements. Appearance changes with time returns to itself and produces night light for the brief place between spaces. Damned for the fire as it misled people with its way. A false and deceptive appearance leaves only to return with a change of state. Inconsistent in appearance and a balance guaranteed to fulfill its task. Does not transgress its path. Made with a piece of the earth cosmic and tied to the earth and not allowed to leave its path unless given permission. The moon is only here half the time.

Cosmic neighbour stays where it is most of the time on its way. It shows the same face most of the time. War weary and quite bruised. Craters on the surface and mountains, boulders and moon dust. A different time zone on the moon in its own zone. A shift of its place and movement in relation to any other moment. The place where time moves at a different pace. Moving through spaces and places and stopping on itself and others. This big rock has a surface seen just for the briefest of moments. And it's particularly obstinate in its behaviour.

The moon is a most beautiful companion during its white days which are approximately three in number. It was once rent asunder into two pieces as a sign to the disbelievers of the might of Allah. The moon tells us the time of the year and allows us to see at night. The moon is a reflected light a stone of power.

The ayat of the earth is meaningful sign from Allah, how He created the earth and laid it flat for people to traverse on. The geoid shape of the planet is a miracle in itself. It revolves around on its axis giving us the transition between night and day. The earth records everything that happens on it. One day it will shake so violently and it will release all its burdens and speak about what happened on the face of the earth. The earth is made of many layers, this world is like an onion with many different sides to it. The earth goes deep and is made as a place of worship, so offer your prayers wherever you can that is in clean pure place. The earth itself is a great cleanser. The

earth was made to house many inhabitants of all kinds, from birds, animals, people and even insects. The greenery of the earth is abundant and fresh and allows you to absorb the goodness of the earth making you healthy, vibrant and colourful. Spend as much time in nature as possible to be at one with the earth.

The ayat of iron is a sign that it was sent down to the earth from far above. Many a year ago Allah caused iron to be sent down to the earth from space and it landed forming part of the earth. This material is useful for many of mankind's uses from military warfare to use in commercial and industrial sectors. Iron which has many uses has been only lately discovered in the 20th century that it was from other stars and cosmic objects, meaning it was sent down to earth from above. There is great force in iron which can be found in plants like spinach and this when consumed gives strength to the body. The blood needs iron and this force is useful in building power. Iron can be utilised for many purposes and it can be shaped and moulded to man's desire. When the amount of iron exceeds a certain level in a star, the star can no longer accommodate it, and it eventually explodes in what is called a "nova" or a "supernova." These explosions make it possible for iron to be given off into space. Iron is a means to cure certain ailments, therefore this metal can be used for healing purposes especially those with anaemia. The need for iron for life to continue and make the atmosphere habitable is a sure sign of the greatness, wisdom of Allah's creation.

The ayat of the cat is a sublime pure sign of Allah's creation. Cats are pure creatures they spend most of their time looking after themselves, regularly cleaning themselves and they walk among us as if they are one of us. Cats can offer great insight into how a person can live. They are agile, swift, flexible and most of all they are peaceful creatures that reside in homes, jungles and the streets. They are territorial creatures and one cat usually does not take well to others walking around their territory. The cat is a meat eater and loves the hunt particularly at night to catch its prey and allows the leader of the group to eat first. The cat is merciful to its young as this is a mercy from Allah towards its own creatures. Big cats are sometimes notoriously difficult to get along with as everything it sees that moves on legs is seen as prey. Cats are very particular about where they relieve themselves, they clean up after defecating

in sand or cat litter. They bury their waste and are known to keep themselves clean. Excessive grooming is part of their traits, they are sociable towards humans, can be fearful and also can be very playful. A cat may be curious, playful, friendly, active or lazy and uninterested in exploring new places. These are similar personality traits found in humans. Although the cat is a good ally of people it remains self-sufficient and independent and can rely on its own hunting skills and can traverse its path alone. The cat is a sure sign of the creator's existence as it has many similar traits to that of humans. These traits are placed in its genetics by the one who coded all life, Allah the supreme one.

The ayat of the spider is a mysterious sign from Allah. The spider builds a home wherever it goes, it catches its provision amongst its web and also uses it as a place of rest and relaxation. The spider places its web in different parts of the world and makes its territory unique to its surroundings. The spider builds the flimsiest of homes and the parable of the spider is like those people that take protectors other than Allah where the home can be easily damaged and broken such is the means of other protectors besides the Almighty Allah. Taking allies other than Allah is surely a sign of weakness and creates dependency on other than Allah. The spider consumes other insects and forms an important part in the food chain, there are approximately 38,000 known species of spiders. And as many more yet to be discovered. The spider produces one of the strongest materials known to man and that is spider silk, however this has been unable to be replicated by man. The spider has an interesting design to its web and stays hidden until a prey gets caught in its web and this makes the spider pounce on its prey and cut it up into pieces to be devoured for nourishment. The spider has no bones but has an exoskeleton that is tough, hard and durable, that is why if they fall from great heights no damage happens to them. The spider is a sign of Allah's beauty in that the creator is able to create such a variety of species from the creation.

The ayat of people is the most profound and magnificent number one creation of Allah. The first man Adam (pbuh) was made from different types of earth or mud. He was molded into the most perfect of shapes and when he was complete Allah breathed into him his soul. Thus man is known to be the most noble, pious, righteous

creation of Allah when he acts accordingly to the divine inspiration and knowledge that was given to him by Allah. However man was given free will, and it was decreed that he would be sent down from Jannah to the earth where he and his spouse Hawwa (pbuh) would have to struggle and strive to seek the favour of Allah and ask for Allahs forgiveness and mercy so that he would be able to return to his final home the gardens of Jannah. Man is in haste and his first words were Alhamdulillah when Adam (pbuh) sneezed and the angels said to him say Alhamdulillah.

Man has been producing offspring ever since the beginning of his struggles on the earth, some of them are made as enemies to one another and some are made as companions in good faith to one another. The creation of man is such that it is destined for either a most rewarding acceptable and blissful place called Jannah or either a most evil destination the fires of Jahannam. These are the two final outcomes of mans destiny. Successful are those that believe in Allah, do righteous deeds and believe in the angels, books of Allah, the messengers, the day of judgement, divine decree or predestination and the unseen world of Jannah and Jahannam. The outcome for man is dependent entirely of his own free will, based on the choices he makes to attain what his hands have brought forth. The life to be lived is best when goodness is brought into his day to day activities. Enjoining good and forbidding evil is the key to having a good life in this world. The saint or the righteous pious person has a much more difficult life as the odds are against them from every side. However this person would be the right person to talk to, learn from, seek friendship and have good company. Having good company is essential to a believers path as they will encourage one another to that which is good and good friends will make your burden less heavy.

Man has been trying since his descent to the earth to try and attain the return to Jannah, however this is only possible with the correct attitude, faith, the creed of Islam, following its rules and regulations and also making sure that a person is upon the truth of Islam and that manners and good behaviour and character are maintained. Man was sent to perfect his conduct, character and manners, this is a simple act of worship that any person can attain. It will bring many opportunities, goodness and a better life worth living. However there

is an obstacle in the path and that is your own self, when it commits evil, wrongdoing and injustice and oppression. This can be removed by seeking forgiveness from Allah and the people you have wronged and turning towards piety and performing good actions and proper speech.

The destiny of man has been written, it is only a matter of free will that will take you to your destination. The way forward is to allow the people to benefit from your good words and actions. This will enable man to reach his full potential and it will cause a person to see the truth or error of their ways. The best way is to seek guidance daily from the Almighty Allah making sincere supplication and also fulfilling the rights of Allah and the rights of people. Mans goal is to attain success in this life and the next. This means that the person needs to know themselves and others and follow the guidelines of Islam. The objective is to compete with one another in performing righteous deeds and allowing the goodness in all forms that is like water to reach all parts of the world. Cleanliness is part of mans nature and it is natural to want to be clean in your appearance, clothing, state of mind and the body. Purification is the key to success, after which prayer becomes essential and prescribed so as to purify the thoughts and soul. Prayer is essential to success and this allows a person to reach the divinely ordained status of man which is being close to Allah and also achieve righteousness through proper action. This makes man the greatest of all of creation better than the unseen angels and djinn and all the animals and birds known to us in this world.

Man is trying his best to achieve closeness to Allah, this preparation is the life of the believer as he tries his best to be of a sound heart and also reach a higher status amongst fellow beings so that he can respectfully help and guide others to the straight path which is to worship only Allah. It is necessary that one remains straight on this straight path as that is the divine instruction given by Allah so that people may achieve success. Men were made to worship only Allah and the women are part of this process as spouses to men. This is the straight path. It is highly important that man recognises his role in society and in the family medium. Mankind and djinn were created to worship only Allah. The womans role is to provide knowledge

and guard the modesty and maintain the homes in a healthy, protective manner looking after the home, children and the husband.

Family life is the best recommended life for the people, it allows the continuation of the story of mankind, the younger generation needs to learn from the elders about how to traverse the paths of this world. All paths lead to Allah however it is only the path with a sound heart and the faith of Islam that will be accepted by Allah. The heart is the means by which a person can survive the difficulties of this life, a path with heart will enable you to easily overcome the challenges and difficulties of this life, otherwise without heart you will end up being crushed by the heaviness of this cold dark world.

Man when he eats less, then he wants less food and when he sleeps less he wants less sleep, its better for the soul and body that way. Mans age is a state of the mind and the body is a reflection of the people. If you're not worshipping Allah than you're a slave to the world worshipping creation. Seeking beneficial knowledge will make your path easier to walk on. If man makes all his care for Allah, then Allah will take care of all of his cares. Every man should try for his progeny. Work is that which gives substance to life. Good news for mankind, your good deeds will not enter you into paradise. Only Allahs pardon and mercy will get you into paradise, so do good deeds moderately. A good prayer with concentration for Allah will lead to success in this life and the hereafter. Death is a release and relief to the believers. There is only one death and then an ever living after life so build your hereafter. Seek beneficial knowledge so that you may know the creator of all the worlds. Be like the traveller for a journey reveals one's character. The best way to seek beneficial knowledge is to keep the company of students of knowledge and the scholars. Allah the Almighty never tires nor sleeps. Allah is the ever living and the primary source of all that is good.

Drink milk for there is a healing in it preferably with a spoon of honey. Have friends and choose righteous company, for they will empower you and supplicate for you and ask about you in the hereafter. It is incumbent on every soul to seek knowledge of the self, the world and what benefits mankind in the hereafter. If you are wise you can change yourself for the better. Recite Quran frequently

for there is healing in the sounds of the words and it will be a witness for you in the hereafter. Praying the night prayer tahajjud removes diseases from the body. When people cooperate on sin and transgression they end up hating each other. A person ruins his own name, as long as a person is good and decent other people won't be able to ruin his name. If you want to soften the heart feed the poor and stroke the head of an orphan. Charity removes diseases and afflictions, it wards off evil, give your charity to family first then the poor and needy. No one sleeps forever, even after death we will all be brought back to life for the hereafter. If man remembers Allah often, then Allah will remember you. Having good character, a good personality and doing good deeds is essential to having a sound heart and this brings the favour of Allah. The world is cursed and worthless, except for the remembrance of Allah, the Quran, the Islamic scholars and the students of knowledge. Strive to live this way to attain Allah's blessings. A person of Jannah is not equal to a person of the fire. The people of Jannah are the successful ones. The slaves of Allah i.e. the believers life is like a bee, taking only what it needs, bringing benefit to others and having tawakul, be like the bee.

Man should build strength, for a strong believer is loved by Allah. Illumination of the heart happens when one prepares for death, by focusing your life in the building of the hereafter. The night prayer and fajr prayer bring light to ones life. The world for the believer is like a prison whereas the world for the disbeliever is paradise. The straight path is a guided path and a rewarding way to be. If you want to know a persons heart listen to their speech. The life of a believer is more difficult than a wicked life. The day is fulfilled when the rights of Allah have been met and the rights of people have not been usurped, be kind and forgive the people. The time is present when you live in the moment, you are made of your past and the future will look after itself, so live in the moment. Children are pure joy, A childs awareness is free from doubt, worry and fear, be like a child but not immature. Morality, faith, good conduct, righteous behaviour, a beautiful character and good manners with the remembrance of Allah will prevent the punishment of Allah from falling on you. Prophetic wisdom is the best source of knowledge, the key to success in the path of Allah is to apply the Sunnah, Teaching is altruistic if beneficial knowledge is passed on for the sake of Allah.

The time is best utilised in the path of Allah. Don't curse time for time is a creation of Allah. Allah is ever living the first and one. Allah is time that never had a beginning and is eternal. Immortality will be achieved after the one death that is a certainty. So be good, be truthful encourage others to righteousness, patience and faith. For the reward and promise of Allah is true success. Learn to fight your own battles for there is a blessing in overcoming challenges. The fighter is a soldier of Allah. The following of the Sunnah shows love for the prophet PbuH. It perfects your character and brings you closer to Allah. Clean your heart every morning and night by forgiving others. Remove all grudges and make supplication for your enemies' forgiveness. Seek to perfect your heart by making it sound. Love for the messenger pbuh is an essential part of the faith. We love Allah the most, then the noble messenger Muhammad pbuh more than anyone else, even more than our own children and parents.

The Last day is close at hand, all will be held accountable before Allah, so be wise and prepare for your meeting. Death has no age. The way to Allah is made easier with the acquisition of seeking beneficial knowledge, everyday is an opportunity to learn some more. The minor judgement occurs at the one true death. The meeting with Allah is inevitable. Prepare for the hereafter and the world will fall at your feet. Ask Allah for self sufficiency and increase. The books of Allah are treasures of the world. They were revealed to the best of people. The stories and the one message of the oneness of Allah are meant to be inculcated in ones life. The Quran is the only preserved book of Allah that abrogates the previous scriptures. Allah is good and accepts only that which is good, so do righteous deeds. Give sadaqah as it wards off evil and there is an increase in piety. Sadaqah charity does not decrease your wealth. You will find that your action if done for the sake of Allah will bring barakah in your life. Children are a blessing, they teach us to build good character and increase us in patience, mercy and joy, every man should try for his progeny. Obedience is only in that which is good, there is no obedience to people if it means disobedience to Allah. Obey Allah and the messenger Muhammad PbuH, it would be better for you if you did that. The religion is giving sincere advice.

An evil intention will increase your burden, a pious intention will be rewarded for your good deed. A pious intention is to seek the favour

of Allah and to do the good deed for Allah alone. A deed is sound if the intention is sound. A sound deed lies in the heart. If your heart is sound your actions will become righteous and the body will be sound. Allah loves a sound heart. Work righteousness while being a true believer and Allah will reward you with a good life, this means having a pious proper intention to your action. Work for Allah and the establishment of the deen. Purification of the self is key to success and corruption leads to failure. Proper sound reasoning and logic is the path to good judgement. Obey the messenger PbuH to ensure the correct sound heart is established. To revive the Sunnah and act on it is to complete the way. Allah and his messenger PbuH are the most noble of beings, Allah is the most supreme one, may Allah fulfil our lives with his noble speech i.e. the Quran.

All of you will enter paradise except those who refuse. Whoever obeys the messenger pbuh enters paradise and whoever disobeys the messenger pbuh has refused. The evil of disbelief and disobedience ruins ones soul and the beauty of faith and good deeds purifies the soul. The human self the soul is inclined towards evil, You are your greatest enemy, and the shaitan is mankind's greatest enemy. So perform jihad against the self, control your desires and seek halal means. Fasting benefits the soul, society and health. It strengthens ones patience and prevents one from harm, fast and be healthy. We are all in debt to Allah, so pay your dues, fulfil your rights and have love, hope and mercy of Allah. Drink milk for there is healing in it, drink honey for there is healing in it, less is more.

Greed is not just greed for money. It is also wanting everything for yourself at the expense of being unjust to others. This is highly destructive. Greed can be overcome by being fair and just to others. Whether it be money, knowledge, a gift or anything of value. Associating partners with Allah will make you lose all your good deeds and you will be of the losers. Shirk is the worst sin. You lose your blessings in your life, what remains is a cursed state. Shirk upon death is not forgiven, showing off is minor shirk. Having faith and belief in Allah is a condition for the correctness and acceptance of deeds. The Quran is the light in the darkness of this world. It will remove ignorance and bring beneficial knowledge into your life, so long as you apply the rulings in a correct manner. Seek help from the scholars in understanding and applying the Quran in your life. The

best of people are those that live a long life and perform good deeds, this path is meant for all. However, few are those that make this category. A good life is a blessing.

The stranger and the traveller are similar. Both have less burdens and are in a wondrous state of awareness. Being conscious of Allah and moving with humble steps on the earth. Neither proud nor arrogant the two are blessed for their way. The haunted can remove their condition by seeking forgiveness and seeking the light of the word, the sacred act of prayer and worship for only Allah and by following the Sunnah. This will take the person from darkness into the light. Salvation lies in the Prophet Muhammad's Pbu path. Worship is only for Allah and honesty with the correct pious intention is necessary. Save yourself and your loved ones from the fire for Allahs punishment is severe. Obedience is in that which is good and proper. Obey Allah and the prophet pbuh. Obey and honour your parents so long as there is no disobedience to Allah. Fulfil your rights and show kindness and mercy to your parents.

Quran is the heart and soul of the muslim. It is the means by which the creator speaks to us. The aim is to bring the muslim in conformity with the path of Allah. It is the means by which one can understand the purpose of life, the worship of Allah which has been made obligatory. The word is the way to understand what belongs in the heart. Say a straight word or remain silent. There is feelings in the way a word is spoken. The best of speech is the sublime words of the creator. There is no better way to speak than to choose your words carefully. Think. Walk, talk, think, read, write for the sake of the creator. These are all worthy deeds when the correct pious intention is made. Speak the truth and be trustworthy.

Nothing will satisfy the children of Adam in seeking wealth other than the dirt i.e. death. Abundance of wealth distracts one from the remembrance of Allah. Wealth is a trust from Allah and a means to an end. Excess wealth has higher accountability. Wealth should be used to enrich the ummah.

Recite surah mulk every night before sleep, it will protect you from the punishment of the grave and it will argue for you on your behalf on the day of judgement until you are admitted into Jannah. Doing

good is the only real way to a good life. Have good sound company to make sure your good character remains firm on the deen. Have good manners as that is the best trait for you and your offspring. Fatherly qualities are essential in teaching. Having a strong feminine side for men is gentleness and kindness to others. Mankind is in loss without belief in Allah, they need to be truthful, with pious righteous actions and have beautiful patience. Be conscious of Allah in everything you do which means have taqwa of Allah and taqwa in your family relationships. Be mindful of yourself with regards to other people. And make sure to remember Allah often as this will bring harmony and peace around you and your blessed life.

Life is a trial and tests for the believer. Whereas it is a struggle of disbelief for the disbelievers. The struggle is for everyone, however the disbeliever is only thinking about gaining in this life. The believer has a further outlook and is thinking of the next life. The prime objective is to reach Jannah with an easy account. The destination is where one can enjoy the fruits of his labour. The journey is the moment, the process, the hard work where one works towards his final abode. The traveller does not build his home on a bridge. Islam is the religion of strangers, it began as something strange and will return to being strange. The importance of remembering Allah is like giving water to a plant. For without either the heart hardens and gets sealed and the plant withers away. If you forget Allah, Allah will make you forget yourself and the most valuable trait one can have is guidance from Allah.

Modesty and decency are good qualities and part of the deen. For they help build a good life. The flowers were created as a mercy for the bee and the bees and flowers were made as a mercy to mankind. The muslim submits to Allah alone. This means there is no bowing and prostration for anything of creation. He surrenders himself to Allah's will and has trust faith and belief in the oneness of Allah. The first muslim was Prophet Adam pbuh and Islam was his religion. The books are a great way to dwell in the world of the author. They take you to a place that is in the feeling of the words, a range of emotions. The work done to complete a book is never over. The story continues for everyone after death. The world that you enter depends on you. The aim of mankind is to seek freedom and salvation with Allah, so that one can be rewarded with paradise, this

requires a man to be truthful and dedicated, determined to seek the face of Allah. Allah is the greatest and all powerful one creator of all that there is.

Man has unique characteristics like the retina, finger prints, these are all different for all people. They allow us to see the variety of the creation of man. This is a sure sign of Allah's greatness that he can make each one of us with unique characteristics despite our large numbers. The creation of mankind is Allah's most favoured and best creation and man can attain great heights and status with Allah from amongst all of creation. The ayat of people is the most profound, deep and magnificent sign of the creators existence.